



REIKI RETREAT AT MANA WITH ULI, 21. -23. MAY '10



Pictures and Info about Mana, visit www.manaretreat.com



Second Reiki Retreat '10 at Mana in the Coromandel with Reiki Master Uli Brell

This Reiki Retreat will give you the possibility to spend a weekend with yourself and with people who like to share Reiki.

You will have the time to give and receive Reiki in different sessions, to meditate and to enjoy mother nature.

You will have the time to receive/perform Reiki Heart Attunements.

You will have time to share experiences and learn different techniques from each other.

21.-23. May '10

\$ 295.-(deposit \$100)

for Reiki I, Reiki II, Master & Teacher

If you like to come a day earlier please add 110.-

incl. all vegetarian meals and accommodation in shared rooms (shared with 1 other person) with linens.

REIKI RETREAT CONTACT: ULI BRELL , TEL. 09-414 7260, MOB. 021-901 180, INFO@REIKI.NET.NZ , WWW.REIKI.NET.NZ

What can you do at Mana?

- Giving Reiki to yourself
- Receiving and/or giving Reiki in a group
- Giving Reiki to an other person
- Meditating
- Heart Attunements
- Enjoying good and healthy food
- Enjoying mother nature
- Going for a walk alone or in a group
- Enjoying the bush bath
- Visiting the Tara Sanctuary
- You can come a day earlier
- You can stay a day longer





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Registration - Second Reiki Retreat with Uli

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Friday 21st

3 - 5.30 pm Arrival

6 pm Dinner

7.15 pm Mana Orientation

7.45 pm Meditation and Reiki Session

Saturday 22nd

Meditation and Reiki Sharing

Walk

Meditation and Reiki Sharing

Sunday 23rd

Meditation and Reiki Sharing

3 pm Finish - Traveling Home

Cancellation policy: Ten days or more prior to the event your deposit is fully transferable to another course, or can be refunded less a \$ 30 admin fees. Less than 10 days cancellation forfeits your deposit.

Important: Only lacto-ovo vegetarian food is permitted at Mana. Mana is an alcohol and drug free zone.

Please send a deposit cheque of \$100 with your application form to Uli Brell, (142 Mahoenui Valley Road, Coatesville 0793). If you would like to use internet banking (ANZ 01-0277-0196253-00) please mark clearly your name and "Reiki Retreat". I can only guarantee a place for you once I receive your application and the deposit.

Name: _____

Address: _____

Telephone: _____ Email : _____

Special Diet: _____

Person you wish to share the room with: _____