



Mana

Sweat Lodge

with Sol Petersen

March 20 & 21

June 12 & 13 2010

The sweatlodge is a healing ritual of the North American native tradition. It is a unique experience, offered as a journey of purification, personal initiation and a symbol of the challenges we face in our work, relationships and life. Participants sit in a lodge built on the earth, around a pile of hot rocks, speaking, sharing stories, song and prayer. While the sauna is primarily a physical cleansing process, the deeper enquiry we bring to the darkness and warmth of the sweat is "What is the healing my body, mind, heart or spirit is longing for?"



The facilitator, Sol Petersen, has been nourished by the healing power of the sweatlodge over the last thirty years. He is a long time leader of transformational seminars, a psychotherapist and body-work practitioner. See more at www.theradiantbody.com.

\$140: including food and accommodation.

Please arrive 9am Saturday for a 10am start. Ends after Sunday lunch

To register pay \$50 deposit by Visa /MasterCard at our on-line secure site or by direct credit to bank account 02-0304-0312089-000 or mail a cheque.

CANCELLATION: Ten days or more prior to course deposit is fully transferable to another course (within 12 months), or refunded less \$30 fee. (less than 10 day cancellation forfeits deposit).

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