

# Mana Retreat



## Sing Your Heart Out with Tony Backhouse May 18-20 2012

Come and join Tony at Mana Retreat in the Coromandel for an irrepressible combination of song and soul. The weekend is for all who enjoy singing with others and the marvel of what is created when hearts are open and voices fly!

Tony Backhouse, Composer, Vocal Arranger, Singer, Author, Choir Director and Workshop Leader leads Christian and Black Gospel music and other Funky Stuff!

Mana Retreat Centre is a non profit retreat located in the peaceful native bush environment of the Coromandel Peninsula. Mana offers comfortable accommodation, delicious vegetarian meals, many special places and astounding views out over the Hauraki Gulf.

A recent participant said *"The closest experience of paradise I think I've ever had - spiritual and physical"* Jan 2011 Melinda



Photo by Jocelyn Carlin

**Full Cost: including shared accommodation and vegetarian meals \$390**

**Inquiries and Bookings:**

Register by phone on +64 7 866 8972, e-mail [be@manaretreat.com](mailto:be@manaretreat.com) or via website [www.manaretreat.com](http://www.manaretreat.com)

Do you know others who might be interested? Please bring a friend for a fun weekend!

